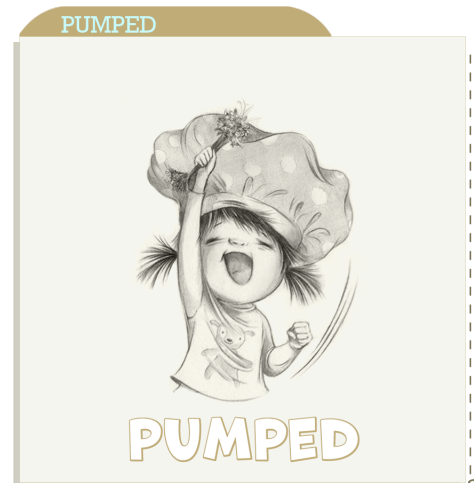
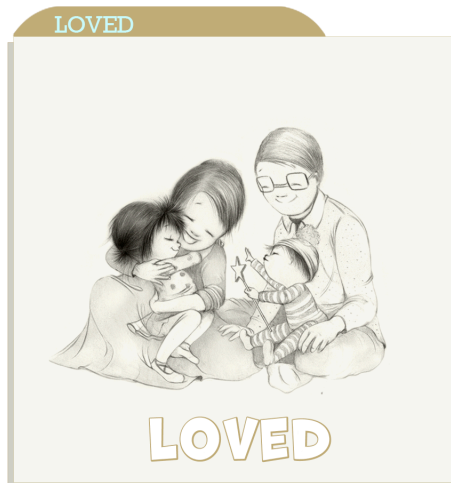
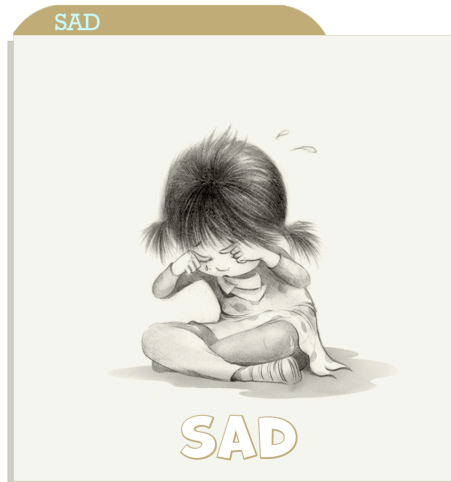
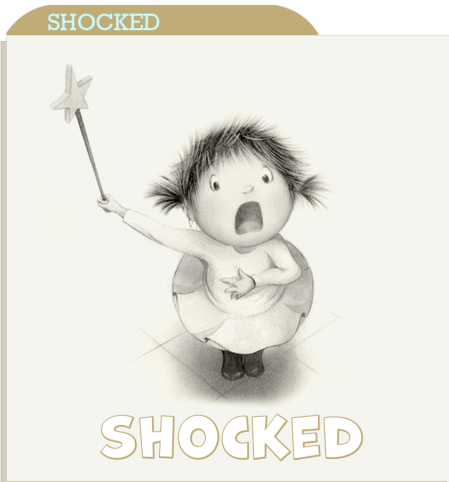
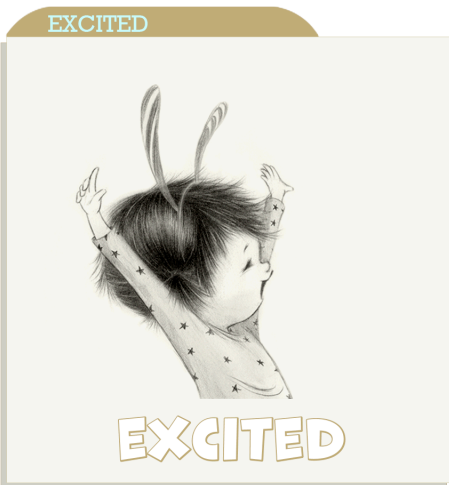


MOOD CHART *Handout*

UNDERSTANDING EMOTIONS

- Understanding emotions means knowing how people feel inside, like when they're happy, sad, or mad. We can tell how people are feeling by looking at their face, body, and how they talk. It's important to understand how people feel so we can respond in a caring way and be better friends.



↓ This page and other activities can be downloaded at DanbiAndFriends.com