

DRAW THAT FEELING *Worksheet*

IDENTIFY YOUR AND OTHERS' FEELINGS

- 1) Write down your name and the name of your three teammates in the boxes below.
- 2) Write one word that describes what you are feeling; do the same for your teammates.
- 3) Draw a circle for the face, then eyes, and mouth to show your feeling and their feelings.
- 4) Share your drawings with your teammates and talk about your feelings.



You

Teammate 1

Teammate 2

Teammate 3